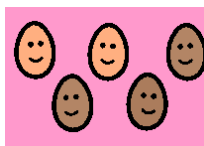


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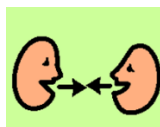
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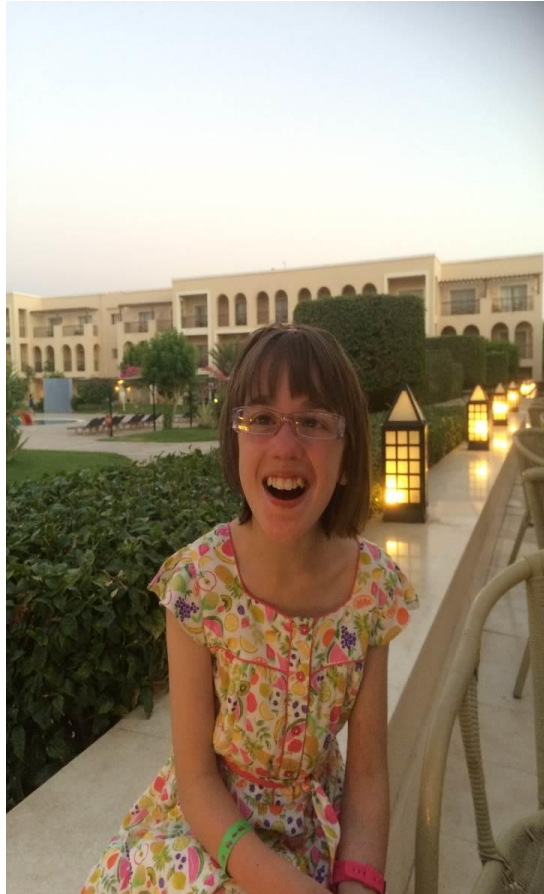
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All About Me



My name is Jessica

I like to be called Jess

I am 14 years old .

I go to Southview school in Witham .

I live in Assington with my mum, step dad Mark and sister Abigail .

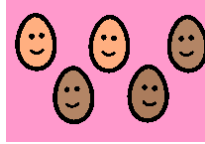
My dad lives in Colchester and I see him every other weekend.

I have Cerebral Palsy which I was born with. I can walk but I get exhausted quickly and I need my wheelchair .

I have ADHD and I sometimes don't stop . My mum says she wishes my batteries would run out .

I use to have epilepsy but I had a test where I could not sleep for a whole night and the doctors said it could come back at any point

Important People



My aunty Claire



My sister



My dad



My family



My friends



My step dad



My journey so far



I was awarded a Jack Petcher by Guides for outstanding achievement



I like meeting important people including the mayor, Frank Bruno and going to London to collect the new Mini bus . I feel proud.



I had surgery on my mouth in London so that my dribbling is better.

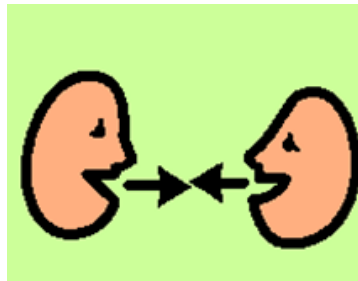
How others describe me



- I giggle and smile lots . Amazing smile and beautiful eyes.
- I like to be happy and make people laugh.
- I am very helpful and like helping my sister and my mum .
- I have an amazing long term memory but rubbish short term. I help my step dad when he has lost things.
- I want to do my best and I try really hard and get frustrated when I can't write or my work becomes a mess .
- I get frustrated when I can't do things and about my disability.
- I am very friendly and I love being with people
- I am a shopaholic .

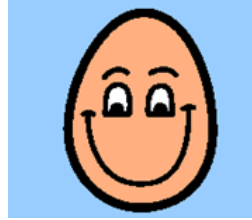


The best way to communicate with me



- I use speech to communicate, although at times it is difficult for strangers to understand me .
- I use speech text a lot on my tablet and laptop sometimes the computers find it difficult to understand me .
- I get very frustrated when I am not understood .
- I need very clear instruction and I need my mum to explain to me .
- I love talking and socializing but if people don't understand me I will become withdrawn.

Things I like doing



- I like going to parties
- I also like going swimming
- I like spending time with family and friends .
- I like going to guides
- I also liked horse-riding



My dreams



- I love cooking , helping people and caring for babies.
- I really want to have a job have some independence and
“Be a Normal Girl ”

Hobbies and Interests

- I Love my friends especially from school.
- I like swimming .
- I have been on guide camps.
- I love touching snakes and spiders.



Likes and dislikes

Like

- I like chocolate and eating out at restaurants .
- I love shopping for clothes .
- I like having my nails painted
- I love music especially spotify
- I like searching the internet for interesting facts
- I love my school and always want to try hard and do my best
- I like art , drama and cooking .
- I love my tablet and laptop this helps me as I use it as voice recognisant.
- I can go to fireworks now as my stepdad brought me ear
- defenders so I don't hear the loud bangs.

Dislike

- I am still hypersensitive to some noises such as motorbikes and dogs barking.

I like my cousins dog Rosie

- I jump easily
- I dislike my hips hurting and my legs aching
- I don't like people staring at me

