

**S** Special  
**E** Educational  
**N** Needs and  
**D** Disabilities  
**I** Information  
**A** Advice and  
**S** Support  
**S** Service





**Suffolk SENDIASS stands for:**

**Special Educational Needs Disability  
Information Advice Support Service**

Information    Advice    Support



**We offer information, advice and support  
to children and young people.**



**Our friendly team have lots of information  
about:**



**Your rights**

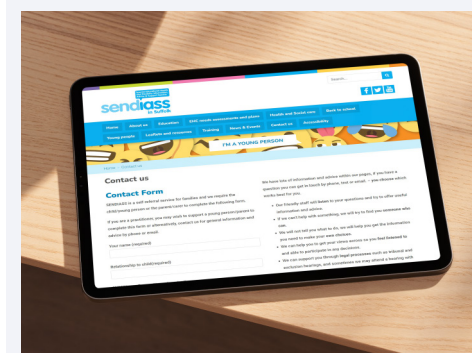


**The support you should get with  
your learning**

**Support**



**What to do if you have problems  
getting the support you need**



**Information**

**Our website has lots of information that  
could answer some of your questions.**



**You can contact us on your own or with  
parents or carers.**

Phone



Text



e-mail



**You can get in touch by phone, text or e-mail – you choose what works best for you.**

## Advice



**Our friendly staff will listen to your questions.**

**We will give you plenty of time.**



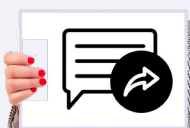
Advice

**We will do our best to offer useful advice.**

**Our advice is based on what the law says.**



**We will not tell other people what you have said.**



**We will only tell other people what you have said:**



**If this is what you want us to do**

**Keeping people safe**



**If someone is in danger of being hurt**



**We would always speak to you first.**

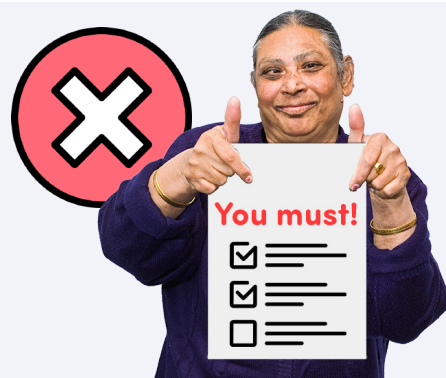
Support



**We will help you get the information you need to make your own choices.**



**We will help you to get your views across.**



**We will not tell you what to do.**



## Education, Health and Care Plans



**We can give you lots of information and advice around what an Education, Health and Care Plan is.**



**We can let you know about how to ask for one.**



**We can support you to get your views across, including at annual reviews.**



**We work with young people, aged 25 or under.**



**You can find out more about us on our website:**

[www.suffolksendiass.co.uk](http://www.suffolksendiass.co.uk)



**Here are ways you can get in contact with us.**



**You can fill in a web form:**

[suffolksendiass.co.uk/contact-us](http://suffolksendiass.co.uk/contact-us)



**You can e-mail us:**

[enquiries@suffolksendiass.co.uk](mailto:enquiries@suffolksendiass.co.uk)





**You can text us:**

**Text ADVICE4ME to 87007**



**You can call us:**

**01473 265210**



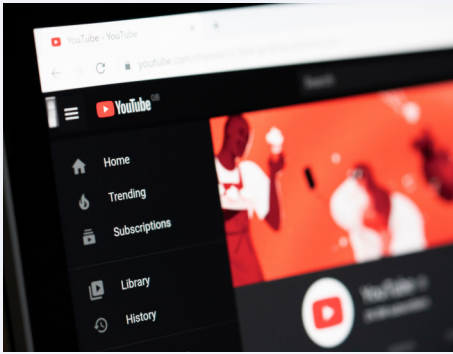
**You can follow us on X:**

**@SSendiass**



**You can find us on Facebook:**

**[www.facebook.com/SendiassInSuffolk](https://www.facebook.com/SendiassInSuffolk)**



**You can watch our videos on YouTube:**

**@suffolksendiass7456**



**Scan the QR code with your phone to  
visit our website.**

Examples of things people have contacted us about:





**If you need help to understand this information in another language, please contact us.**

**A co-production group worked together to make this easy-read document. We created this document as people who are:**

- "Passionate, approachable and dedicated"
- "Chilled, relaxed, kind, helpful, committed and caring"
- "Supportive and kind with a good eye for detail"
- "Kind, generous, funny, caring and committed"



**Online:**  
[thinklusive.org](http://thinklusive.org)



**e-mail:**  
[hello@thinklusive.org](mailto:hello@thinklusive.org)



**LinkedIn**



Made by  
**Thinklusive**