

Help us to coproduce new information



Preparing for adulthood from the earliest years

- In our recent survey, young people told us that they would like to have more information about how to prepare for adulthood from an early stage.
- We want the training and information we put together to be coproduced with families, so that it matches what you want to find out and is in a form which is easiest for you to access.
- We are offering three sessions (two online and one face-to-face) so you and your young person can tell us what will help build your understanding and confidence. **These are not training or advice sessions.**
- You and your young person are welcome to join a session for 10/15 minutes to share your thoughts, or you can stay for the whole session.
 Practitioners who work with families are welcome too.
- For the online sessions, **you don't have to speak or use your video** you can share ideas via the 'chat' and we will record them visually.

2nd October join online any time between 7pm – 8pm Click here to register

- Or 4th October join online any time between 6pm 7pm

 <u>Click here to register</u>
- Or 6th October drop in any time between 10am 11:30am

 Kirkley Family Hub, Kirkley Street, Lowestoft, NR33 0LU

 Click here to register