

The importance of having a voice – by Seb Reeve

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Hi, my name is Seb and I'm a young person that has disabilities and has a learning disability.

For a few years now, I have been working with lots of different companies and organisations that help people with disabilities or a mental health illness.

It's been a great journey I had a wonderful time so far with lots of wonderful experiences and memories and opportunities to share my voice and experience.

My personal passion is to make a difference in our community and society for the future of our youth that need our support and help.

The only way that anything will change or happen is if the people who are living with a disability, special education need or a mental health illness come out and speak, as it's time for US, for YOU.

I feel very strongly that everyone should have the same opportunities and experiences and mostly, have a voice so you can make your own decisions on your own life. You are living it, it's your life, so you have a choice of what will happen in your future.

**Your voice can change the world
so don't miss out on the opportunity!**

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