



SEMHS

Social, Emotional & Mental Health Service

Special Educational Needs
and Disability Information,
Advice & Support Service

sendiass

Supporting your child to build resilience

Suffolk SENDIASS is hosting a relaxed online session for parents and carers in Suffolk England who have children with additional needs. It aims to help you to support your child to build confidence and manage everyday challenges.

The session will explore the importance of resilience along with practical strategies and ideas for support at home.

The presentation will be delivered by specialist teachers from Suffolk's Social, Emotional and Mental Health Service. This is one of the five Specialist Education Services (SES) in Suffolk, which support schools to support pupils with different special educational needs.

The presentation will be an hour with an additional 30 minutes for questions.

5th December 2024

10am – 11:30am

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